



**Allergen information:**

**All our food is 100% gluten-free\*, casein-free\*, and peanut-free.**  
 (We're also mollusk-free.\*)

**We process soy, eggs, and tree-nuts in our facility.**

Traces of these items may occur even when not indicated as an ingredient.

**Our base flour is a brown-rice flour and tapioca-starch blend.**

We do not currently offer any rice-free or tapioca-free goods.

**Please see individual product ingredient listings for complete information.**

Products	Soy	Eggs	Tree Nuts	Add'l Starch
<b>Breads</b>				
Bagels		Yes	Almond	
Brioche	Yes	Yes	Almond	Potato / Corn
Crusty Rolls		Yes	Almond	
Focaccia & Breadsticks		Yes	Almond	
Hamburger Buns		Yes		
Sliced Rice Bread		Yes		
Vegan Amaranth Loaf				Am-, Millet
Vegan GF-Oat Mini- Loaf				Oat, Amaranth
Vegan Pizza Crust				Potato, Millet
<b>Muffins</b>				
Banana Nut [When Available]	Yes	Yes	Almond, Walnut	Potato
Chocolate-Zucchini		Yes		Potato / Corn
Vegan Morning Glory				Potato
<b>Decadent Desserts</b>				
Brownies	Yes	Yes		Potato
Pie Crust & Tart Shells	Yes	Yes		Potato / Corn
Tofutti "Cheesecakes"	Yes	Yes		Potato
<b>Cookies</b>				
Chocolate Chip	Yes	Yes		Potato
Quinoa Cranberry	Yes	Yes		Potato
Vegan Snickerdoodle	Yes			Potato / Corn
<b>Cakes (cupcakes, mini-bundts, and special occasion)</b>				
Carrot [bundt has soy glaze]		Yes	Walnuts	Potato
Chocolate w/ chocolate glaze	Yes	Yes		Potato / Corn
Lemon w/ lemon glaze		Yes		Potato
Vanilla w/ "buttercream" frost		Yes		Potato
Vegan Chocolate w/ chocolate				Potato / Corn
<b>Take &amp; Bake</b>				
Vegan Mac & "Cheese"	(Lec.)	No	Almond, Cashew	
Vegan "Cheese" Pizza	(Lec.)	No	Almond, Cashew	Potato, Millet
UNBAKED "Challah" Rolls		Yes	Almond	Potato / Corn

\***Gluten** is the protein found in wheat, rye, barley, and contaminated oats.

\***Casein** is the protein found in cow's milk. (\*Mollusks are shellfish.)